Lessons from Humor In the *In-Person* Classroom



Play



stress-free play open cognitive pathways authentic learning



 Actual games are fun, from Kahoots to semester-long role-plays. Team competitions provide the most energy in the room.

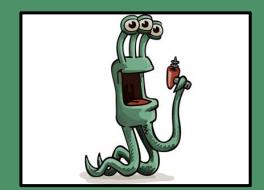


 Physical play with coloring/clay/manipulatable objects or body movement

(candy is a double win)

- "Speed Dating" instead of think-pair-share
- Ask for outrageous solutions, terrible ideas
- Make concepts playful:

"Aliens zap away your pancreas... what will be the first life-threatening problem that occurs?"



Engagement

- Quick yes/no calling on people isn't too stressful and adds energy
- Teams, temporary or permanent, engage
- Pre-work before class increases engagement
- Pause!
- · "Element of Surprise" known to be useful for learning
 - Humor = surprising statements
- Remember, this IS crowd work!



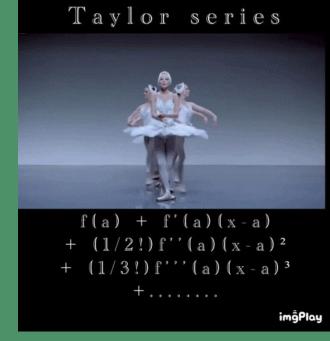


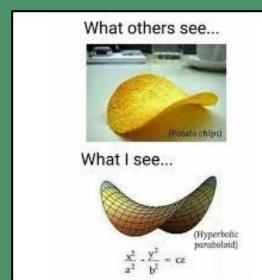
Humor

- Memes before or during class
- Never punch down
- Self-deprecation, breaking out of the norm of professor-student expectation
- Don't feel funny? Use AI to come with silly examples, games, questions, etc.!









Cautions & Considerations

- Remember: No. Punching. Down.
- Establish clear rules about not taking everything in a class discussion personally

Avoid political humor even when you think everyone agrees with

you (or make fun of all sides)

- Pay attention to nonverbal cues
- A little goes a long way



Summary! We'll say it ONE.MORE.TIME.



HUMOR = making unexpected connections = more LEARNING

Silliness lowers stress (yours too!)

